

# TEACHING FORM[LESS]?

3RD IDOCDE  
SYMPOSIUM ON  
CONTEMPORARY  
DANCE  
EDUCATION

Looking into and behind forms.  
Finding what liberates us.

There are as many influences, ideas, styles and techniques in contemporary dance as there are teachers teaching it. All including - but not limited to - somatic and let's say more 'formal' approaches. Yet it seems we all are looking for the same: a versatile, adaptable and creative body. Are we not? So, maybe the question is - what is form?

[www.idocde.net](http://www.idocde.net)

**idocde**

international documentation of  
contemporary dance education

**Vienna**  
**July 24 - 26, 2015**

**IMPULSTANZ**

Vienna International  
Dance Festival



## INTRODUCTION

Welcome to the 3rd IDOCDE Symposium on Contemporary Dance Education Teaching Form[less]?

There are as many influences, ideas, styles and techniques in contemporary dance as there are teachers teaching it. All including - but not limited to - somatic and let's say more 'formal' approaches. Yet it seems we all are looking for the same: a versatile, adaptable, expressive and creative body. Are we not? So, maybe the question is - what is form? The IDOCDE Symposium 'Teaching Form[less]?' invites you to share, dance and discuss your experiences and experiments with your peers and other interested human bodies, diving into the art-old question of the relationship between form and content. Thus reflecting on who we are as teachers, on whose giant shoulders we stand and where we might be heading.

We are looking forward to be dancing on this together with you!

'LEAP - Learn, Exchange, Apply, Practice', the IDOCDE partners', EU – funded project makes this weekend of sharing for the dance community possible. Out of the LEAP activities -Teaching Residencies, Teaching Invitations and Local Meetings – much of this program emerged. The IDOCDE Symposium is set up as a peer-to-peer exchange, referencing back to the original Greek meaning of knowledge exchange and communal celebration. Come dance, discuss and celebrate with us!

Yours truly, The LEAP / IDOCDE project team:

Defne Erdur, Eszter Gál, Kerstin Kussmaul, Olivia Schellander & Martin Streit

### INDEX

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## Friday 16:15 - 17:15 OPENING

Welcome & Orientation by the Project Team. Teaching Form[less]? with Shelley Senter (US)

**Shelley Senter** has been involved with experimental and post-modern dance for more than 25 years, touring throughout North and South America, Europe, Asia, Australia and Russia as a performer, choreographer, and teacher. She has been critically recognised and awarded for her distinct approach to movement, both as an independent artist, and as a collaborator/performer with many distinguished artists in the international dance and visual art communities and is an official repetitor of the work of Trisha Brown and Yvonne Rainer. An internationally renowned teacher of the Alexander Technique, she has been investigating the principles of this technique of the performing body and mind for the past two decades.

[www.idocde.net/idocs/1199](http://www.idocde.net/idocs/1199)



## Friday 17:55 - 20:10 SURPRISE YOURSELF! 5 TEACHERS, 6 ESSENTIALS

Anne Garrigues (FR), Sabina Holzer (AT), Kira Kirsch (US/DE), Kerstin Kusmaul (DE/AT), Simon Wehrli (CH)

This format was developed in the LEAP teaching residencies and applied at the professional morning trainings in Zürich and Grenoble in 2014/2015. The 5 participating teachers come from very different backgrounds and share six essential things that they thought should happen in a dance class. Expect a wild ride and a physical class; it might bring you back to the roots to why you actually started to dance! This Friday class is also the last of a 5 day workshop at ImPulsTanz Festival workshop program.

**Anne Garrigues (FR):** choreographer, dance and BMC teacher  
**Sabina Holzer (AT):** performer, choreographer, author, teacher  
**Kira Kirsch (US/DE):** movement artist & researcher, axis syllabus teacher  
**Kerstin Kusmaul (DE/AT):** movement researcher and somatic practitioner, teacher  
**Simon Wehrli (CH):** choreographer, dance teacher coming from music and theatre

Participating LEAP partners:  
Le Pacifique / Grenoble, Tanzhaus Zürich, Wiener Tanzwochen

[www.idocde.net/idocs/1088](http://www.idocde.net/idocs/1088)

## Friday 17:45 - 19:45 SHARING TEACHING RESIDENCY NO. 2

### 'The choreography of documentation'

Our motivation is to develop our communicative values within documentation. We want to investigate the act of documenting. Looking more deeply at why we create content, how we create it, which 'audience' we would like to address, which context might need to be provided and which forms/media would fit the documentation best. From 'virtual & artificial' into 'virtual & tangible'.

Teachers:

**Roos van Berkel (NL):** creating dancer, teacher and researcher  
**Robin Berkelmans (NL):** teacher, performer and choreographer  
**Eszter Gál (HU):** teacher, dancer and artistic manager  
**Pavle Heidler (HR/SE):** poet  
**Elina Ikonen (FI):** dance movement therapist and dance educator  
**Pia Lindy (FI):** dancer, choreographer and teacher  
**Francesco Scavetta (NO/SE):** dancer, choreographer and teacher  
**Maria Ines Villasmil (VE/NL):** dancer, researcher and cultural manager

Participating LEAP partners:  
ICK Amsterdam, ISLO Joensuu, Vitlycke Center for Performing Arts, Wiener Tanzwochen

[www.idocde.net/idocs/1146](http://www.idocde.net/idocs/1146)

## from 20:15 outdoors! CAMPFIRE

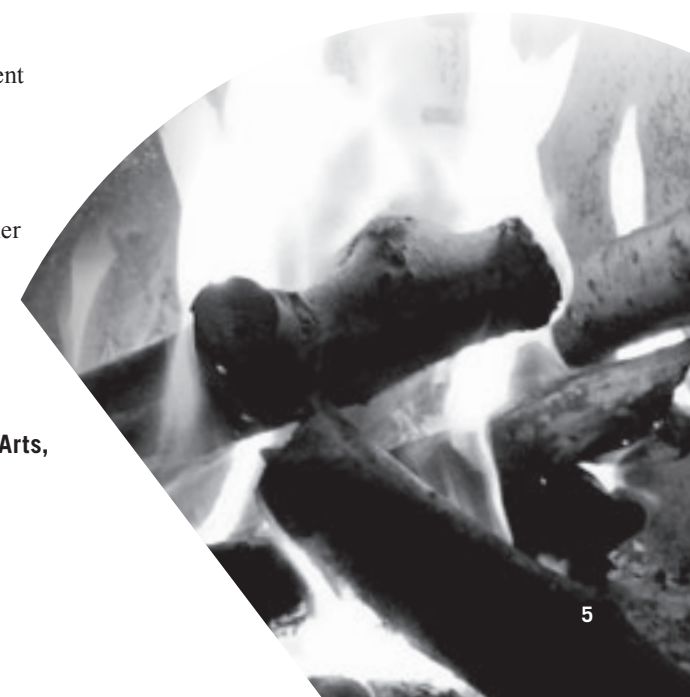
informal campfire talks around the theme (Teaching Form[less]?) Lecturers of the 3rd Symposium, Nicole Berndt-Caccivio (DE/CH), Jassem Hindi (FR/SA), Rio Rutzinger (ImPulsTanz) and others will air the flames...

As we will be inquiring more on form and formless, forming new ideas, thoughts, insights, triggering questions during the whole weekend, let's come together in an informal circle to just relax next to the flames of fire!

Hosted by Shelley Senter (US) and Matthew Smith (NZ)

Beverages will be served.

[www.idocde.net/idocs/1193](http://www.idocde.net/idocs/1193)



SATURDAY, 25 JULY

Saturday 09:15 - 10:00

## FOOD FOR THE DAY

Get a fine-tuning into the body and the upcoming mental and physical workouts with Marie Chabert (FR)

A flavourful, early morning, breakfast-time treat of tuning awareness, welcoming weight, and attending to sensation; taking time and making space as we immerse ourselves in movement and get ready to participate in the excitements and discoveries that emerge through our shared dancing and teaching.

Marie Chabert trained in the UK and graduated from The Place in 2006. She has performed, taught and choreographed internationally. In 2013 she created La compagnie Bodysong based in France and she obtained the french teaching diploma in 2014. She teaches professional dancers (CCN J.C Galotta, World Dance Alliance, The Place), dance students and amateurs. In 2012 she initiated the educational project 'Dance as a tool against violence' in Mexico and in Burkina Faso.

[www.idocde.net/idocs/1226](http://www.idocde.net/idocs/1226)

Saturday 10:00 - 12:30

## 100 PROMPTS FOR DETACHMENT=FREEDOM

Christy Funsch (US)

A conversational, idea-generating, experiential workshop supporting the benefits of daily practice. Together we will develop 100 prompts and enact them all, speed-dating style, before assessing and editing for effectiveness. How can each prompt be tailored to feed creative, somatic, and academic practices? How can the cumulative effects of dailiness keep us out of product-mode?

San Francisco-based choreographer, performer, and educator **Christy Funsch** is the Artistic Director of Funsch Dance Experience. She holds an MFA and is a certified Laban Movement Analyst. She has enjoyed residencies at CounterPULSE, Djerassi, U Cross, and Yaddo. Christy was in mentorship with Tere O'Connor throughout 2013, and she was named one of Dance Magazine's "25 to Watch" for 2014.

[www.idocde.net/idocs/1063](http://www.idocde.net/idocs/1063)

Saturday 10:00 - 12:30

## 'BEYOND THE FORM' - a surprising and controversial study into the (un)known

Kira Kirsch (US/DE) & Antoine Ragot (FR/DE)

Let's take a deeper look into arabesque, best known as a position in ballet vocabulary, and investigate its purpose. What is the legacy of arabesque? What does this shape, so strongly associated with classical aesthetic, offer us today in teaching dance technique? Can it be transformed into or rediscovered as a significant fractal piece to reveal meaningful information and functional relevance for multiple modes of movement?

**Kira and Antoine** have been teaching and dancing around the world for many years. They are both lively body sense activists & educators, sometimes artists and always passionate about dancing, improvising and community building among other things. Together they co-teach this workshop to provide a contrasted and dynamic experience as well as to create opportunity for more individual feedback and discussion.

[www.idocde.net/idocs/1144](http://www.idocde.net/idocs/1144)

Saturday 10:00 - 12:30

## THE SERPENT IN US Explorations from the Spine

Sabine Parzer (AT)

A workshop focusing on exploring the form and function of the spine in relationship to alignment, connectivity and its archetypal energy. Applied Anatomy, somatic solo exploration and contact improvisation.

**Sabine Parzer** is head and founder of the Institute for Holistic Dance and Movement pedagogy and artistic director of the ContactFestivalAustria. Her professional experience spans 25 years of teaching, performing, choreographing and researching in the US, Europe, Israel and Brazil.

[www.idocde.net/idocs/1093](http://www.idocde.net/idocs/1093)

Saturday 13:00 - 14:00

## LECTURE ON FASCIA

Kurt Mosetter (CH/DE)

### Lecture on Fascia

Fascia can be described as our “organ of form”. Research on fascia recently has come into focus in medicine and therapy. What is this all about, and what is relevant for dancers and movers when it comes to fascia? This lecture will look at fascia from a Myoreflex viewpoint and touch upon the tensegrity model, the importance of myokine, and aspects of interoception and fascia.

**Dr. med. Kurt Mosetter** founded Myoreflex therapy and Neuro-myology. He heads ZiT – Centre for Interdisciplinary Therapies (DE) and is consultant at Paramed (CH). Since 2011 he works with the US national football team, supervising the players’ fitness and health, i.e. during the World Championship in Brazil.  
Medical foci: pain, neuromuscular trauma therapy, neurodegenerative ailments, developmental delays, nutritional medicine. He works closely with Prof. Dr. Gottfried Fischer (Psycho- Traumatology, University of Köln) and with Prof. Dr. Dieter Felsenberg (Research of Muscles and Bones, Charite, Berlin).

[www.idocde.net/idocs/1238](http://www.idocde.net/idocs/1238)

Saturday 13:00 - 14:30

## TALK

WHAT HAPPENS TO FORM? TEACHER AS A COACH IN DANCE EDUCATION

Ulla Mäkinen (FI)

A talk and discussion on teaching in a dance education, based on experiences of directing the dance department of North Karelia College Outokumpu, Finland. The new national pedagogic strategies ask teachers to become coaches who support the students to meet various needs and demands of the changing society. What does this mean in dance?

**Ulla Mäkinen** is a dancer and teacher, currently lecturing dance and directing the dance education in the North Karelia College Outokumpu, Finland. She holds an MA from the MACoDE studies of University of Music and Performing Arts, Frankfurt a.M., and works with teaching and performing somatic and release-based contemporary dance practices internationally.

[www.idocde.net/idocs/1134](http://www.idocde.net/idocs/1134)

Saturday 15:00 - 16:30

## THE POLITICS OF FORM[LESSNESS]: Moving toward Life, Becoming Dangerous

Nita Little (US)

To dance, we need both form and form[lessness]. Yet, one is loved, and the other is suspect. There are reasons why this foundation of dance is politically dangerous. This discussion/workshop intends to analyze the dynamics of power in motion, reconsider identity, value the formless potentials in our relationalities, honor the ecological constitution of experience, laugh full out, and invite further danger.

Choreographer, teacher, and theorist in the field of improvisational dance and Contact Improvisation, **Nita Little**, PhD, is invited to work with dancers worldwide. A dance researcher and touring artist, Dr. Little participated in the emergence and development of Contact Improvisation. She is currently Visiting Assistant Professor at the University of Florida.

[www.idocde.net/idocs/1151](http://www.idocde.net/idocs/1151)

Saturday 15:00 - 17:00

## THE MUSICAL CONTEXT OF FORM(LESSNESS)

Benno Voorham (NL/SE)

We will explore the influence that different kinds of music have on our choice making when we dance within an improvisational score. We will do a series of improvisations with different pieces of music, including silence. An opportunity to explore the impact music has on our understanding of form and what strategies we might find to break down that influence.

**Benno Voorham** is an international performer, choreographer and teacher from Holland, living in Stockholm since 1995. Since his graduation in 1986 from the School for New Dance Development in Amsterdam he has worked internationally as an independent dance-artist, directing his own work as well as collaborating with others in both set and improvised pieces.

[www.idocde.net/idocs/1119](http://www.idocde.net/idocs/1119)

Saturday 15:15 - 16:45

## HOW FORM GIVES A SENSATION

Tamás Bakó and Zsuzsa Rózsavölgyi (HU)

How can we create a form from a bodily sensation? In our session we would like to work with the tools we used to create the illusion of a body under no gravity. We are inviting dancers and teachers who are not afraid of receiving the weight of others and interested in the question of how can we teach a precise form using improvisation?

Tamás Bakó gives classes in Budapest Contemporary Dance Academy, SEAD and Parts.

Zsuzsa Rózsavölgyi after finishing Parts she danced for Rosas for 5 years and now gives classes at Budapest Contemporary Dance Academy and SEAD. Tamás and Zsuzsa created many pieces together. In their work they use lots of partnering techniques and they are interested in how bodies interact.

[www.idocde.net/idocs/1139](http://www.idocde.net/idocs/1139)

Saturday 10:00 - 17:00  
and Sunday 10:00 - 17:30

## ORIENTAL ROOM

This space is designed for your choice of infusion. Here you can forget about time, forget about the program, even about dance. Or dive deeper into it all. Find a “master”. Be a “master”. Read, write, talk or walk or walk the talk. Or just rest and digest. This is a place in between.

It's all based on your goal, your role!  
Form it, inform it...Get ready for “your”  
carpet ride!

[www.idocde.net/idocs/1225](http://www.idocde.net/idocs/1225)

Saturday 17:00 - 19:00  
**KITCHEN TABLE**

with invited guests:

Gretchen Dunn (US), Pavle Heidler (HR/SE),  
Sabina Holzer (AT), Chua lu-Hui (US), Einav  
Katan (DE/IL), Nita Little (US), Deirdre  
Morris (US), Mike O'Connor (AT/US)

Moderator: Defne Erdur

The Kitchen Table is a setting for an open discussion about any topic (in this case about form and formless), but with a rule set to create a performance out of the ordinary. During a set time anyone interested can witness and/or participate in the discussion. The topics are open and the exchange of speakers is actively encouraged. The kitchen table is inspired by artist and researcher Lois Weaver who created “The Long Table” inspired by the film *Antonia's Line* by Maureen Gorris.

[www.idocde.net/idocs/1210](http://www.idocde.net/idocs/1210)

19:00 (open end)  
**DINNER**

The Kitchen Table will be followed by a communal dinner. Vegan stew and some beverages will be served! Please bring additional goodies to share!

Cook: Rakesh Sukesh (IN)

SUNDAY, 26 JULY

Sunday 9:15 - 10:00

## FOOD FOR THE DAY

Get a fine-tuning into the body and the  
upcoming mental and physical workouts  
with Sybrig Dokter (SE)

A flavourful, early morning, breakfast-time treat of tuning awareness, welcoming weight, and attending to sensation; taking time and making space as we immerse ourselves in movement and get ready to participate in the excitements and discoveries that emerge through our shared dancing and teaching.

Sybrig Dokter works as a choreographer and performer in the field of contemporary dance, visual arts and contemporary theatre and is living in Sweden. She is currently working on the project *Archaeological Bodies* in Ukraine and Serbia and a member of Weld Company in Stockholm.

[www.sybrigdokter.com](http://www.sybrigdokter.com)

[www.idocde.net/idocs/1226](http://www.idocde.net/idocs/1226)

Sunday 10:00 - 12:00

## BEING & DOING SEXY

Susanne Bentley (NZ/BE)

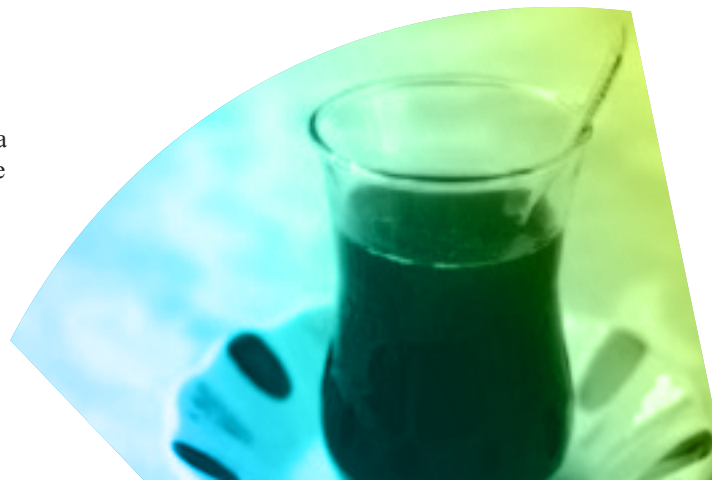
The overwhelming feedback from ‘pole show girl’ participants last year at ImPulsTanz that just by doing the moves they felt, and became sexy - form becoming being. The opposite is also true - feeling states produce certain movement forms. The chicken or the egg coming first becomes possible. What then can we teach in other movement classes that can bring about the form that we want? The chicken, the egg, or both?

This will be an interactive workshop, with poles, pleasure & plenty of personal exploration.

Susanne Bentley (NZ/BE) is a contemporary dancer, improviser, teacher and choreographer, working with others and on her own projects in New Zealand and Europe since 1996. She teaches contemporary dance, performance improvisation and pole for organisations such as ImPulsTanz, Ultima Vez, Charleroi Danses, Tanzquartier, Marameo, University of Waikato, Sarahcademy, Fontys Academy.

Susanne is an ICF accredited life coach, and artistic coach.

[www.idocde.net/idocs/1127](http://www.idocde.net/idocs/1127)





Sunday 10:00 - 12:00

## NOTHING

**Mariella Greil (AT),  
Kerstin Kussmaul (DE/AT),  
Sylvia Scheidl (AT)**

Is nothingness the ultimate formless? And how could we translate nothingness into movement? We will lay out some ideas of the relationship of concepts of death in some religions and the number zero. In our own research we arrived at Presence as how to relate to the (movement) material, discussing different aesthetic approaches. This is an invitation to share our process with you, in discussion and communal movement research.

**Mariella Greil** is a performer, choreographer and researcher living in Vienna. Currently Key Researcher in the research project “Choreo-graphic Figures. Deviations from the Line” where she examines the choreographic means in its expansion.

**Kerstin Kussmaul** is a movement researcher, artist and teacher with a background in a range of somatic methods, most notably Myoreflex, and PhD candidate. She is also a musician and founder of IDOCDE.

**Sylvia Scheidl** is a dance pedagogue and movement researcher with a strong background in release techniques, ideokinesis and contact improvisation, based in Vienna / Austria.

[www.idocde.net/idocs/1104](http://www.idocde.net/idocs/1104)

Sunday 12:15 - 13:30

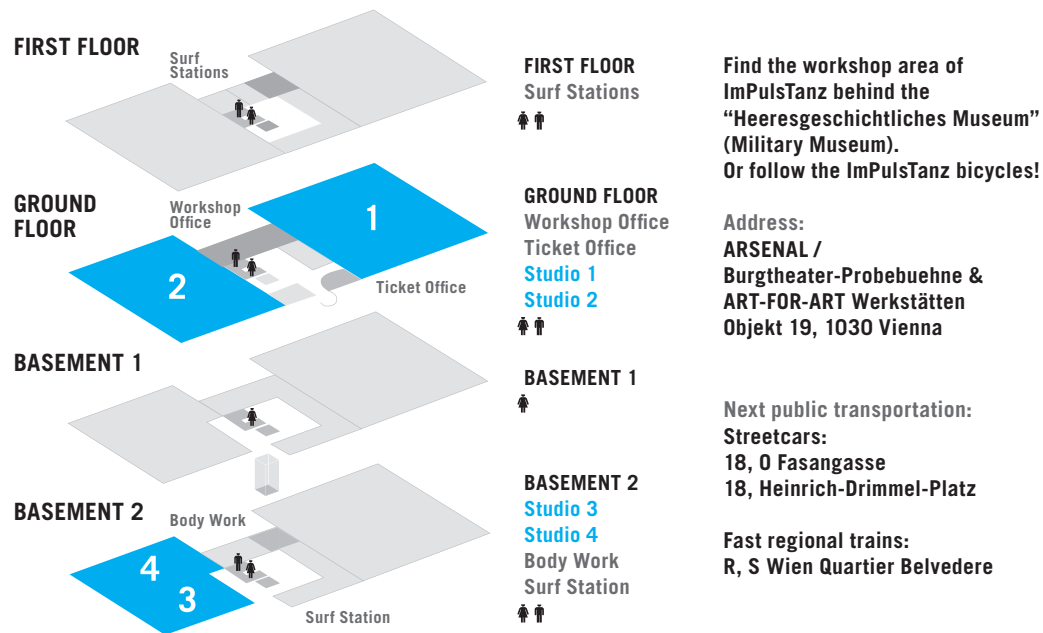
## TREASURE HUNT

An informative and playful event during the Symposium, where we share the IDOCDE vision and initiate the dialogue on the website as it serves as a central documentation and communication platform throughout the year, between the Symposia. There will be a playful part where you are invited to utilise the website to it's fullest extent, find the hidden treasure on the site, which may well turn into some nice goodies to take away... Please bring your computers and lunch!

Facilitators: **Defne Erdur, Eszter Gál,  
Kerstin Kussmaul, Martin Streit**

[www.idocde.net/idocs/1200](http://www.idocde.net/idocs/1200)

## MINT BUILDING



## FRIDAY

	Studio B	Studio C	Arsenal Workshop Centre
until 16:00			Arrival & Info at IDOCDE Info Booth & Workshop Office
16:15	<b>OPENING: IDOCDE Project Team &amp; Shelley Senter</b>		
16:30			
16:45			
17:00			
17:15			
17:30			
17:45	<b>SURPRISE YOURSELF! 5 TEACHERS, 6 ESSENTIALS</b> Anne Garrigues, Sabina Holzer, Kira Kirsch, Kerstin Kussmaul, Simon Wehrli Dance Education / Workshop NOTE: 17:55 - 20:10	<b>THE CHOREOGRAPHY OF DOCUMENTATION</b> Roos van Berkel, Robin Berkelmans, Eszter Gál, Pavle Heidler, Elina Ikonen, Pia Lindy, Francesco Scavetta, Maria Ines Vilasmil Documentation / Workshop & Presentation	
18:00			
18:15			
18:30			
18:45			
19:00			
19:15			
19:30			
19:45			
20:00			
20:15	<b>CAMPFIRE (OUTDOOR)</b> facilitated by Shelley Senter and Matthew Smith Symposium Anchor / The Informal		
20:30			
20:45			
21:00			
21:15			

## SATURDAY

	STUDIO 1	STUDIO 2	STUDIO 3	STUDIO 4		
09:15		<b>FOOD FOR THE DAY</b>				
09:30		Marie Chabert				
09:45		Warm Up / Symposium Anchor				
10:00	<b>100 PROMPTS FOR DETACHMENT=FREEDOM</b> Christy Funsch Creative Practice / Workshop	<b>BEYOND THE FORM'- A SURPRISING AND CONTROVERSIAL STUDY INTO THE (UN)KNOWN</b> Kira Kirsch & Antoine Ragot Formal & Somatic Workshop / Laboratory	<b>ORIENTAL ROOM</b>	<b>THE SERPENT IN US, EXPLORATIONS FROM THE SPINE</b> Sabine Parzer Formal & Somatic / Workshop		
10:15						
10:30						
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12:00						
12:15						
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12:45						
13:00	<b>LECTURE ON FASCIA</b> Kurt Mosetter Ground Research / Lecture	<b>TALK</b> Ulla Mäkinen Dance Education / Lecture & Discussion	<b>ORIENTAL ROOM</b>			
13:15						
13:30						
13:45						
14:00			<b>ORIENTAL ROOM</b>			
14:15						
14:30						
14:45						
15:00						
15:15	<b>HOW FORM GIVES A SENSATION</b> Tamás Bakó & Zsuzsa Rózsavölgyi Formal & Somatic / Workshop	<b>THE MUSICAL CONTEXT OF FORM(LESSNESS)</b> Benno Voorham Formal & Somatic / Workshop			<b>ORIENTAL ROOM</b>	<b>THE POLITICS OF FORM(LESSNESS)</b> Nita Little Lecture & Workshop
15:30						
15:45						
16:00						
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16:45					<b>ORIENTAL ROOM</b>	
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				<b>KITCHEN TABLE DISCUSSION</b> followed by dinner (hearty soup & everyone bring goodies) Symposium Anchor / Formal & Somatic Discussion		
				<b>DINNER</b>		

## SUNDAY

	STUDIO 1	STUDIO 2	STUDIO 3	STUDIO 4			
09:15	<b>FOOD FOR THE DAY</b>						
09:30	Sybrig Dokter						
09:45	Warm Up / Symposium Anchor						
10:00	<b>BEING &amp; DOING SEXY (POLE)</b> Susanne Bentley Formal & Somatic / Workshop <b>NOTE: in STUDIO B</b>	<b>NOTHING</b> Mariella Greil, Kerstin Kussmaul, Sylvia Scheidl Ground Research / Talk & Workshop	<b>ORIENTAL ROOM</b>				
10:15							
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12:00							
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13:00		<b>TREASURE HUNT</b> Symposium Anchor / Lecture & Discussion	<b>ORIENTAL ROOM</b>				
13:15							
13:30							
13:45							
14:00	<b>SHARP(EN)ING THE TOOLS - WORKING SESSIONS ON A TOOLBOX FOR TEACHING CONTEMPORARY DANCE TO CHILDREN</b> Susanne Marx, Barbara Meneses, Jesus de Vega Dance Education / Workshop & Presentation	<b>FAST &amp; FURIOUS 3 TEACHERS</b> Gretchen Dunn, Liisa Pentti, Francesco Scavetta Formal & Somatic / Workshop & Discussion			<b>ORIENTAL ROOM</b>	<b>FOREWARD/ AFTERWORD HOW TO MAKE THIS DANCE</b> Rachel Boggia, Annie Kloppenberg, Meredith Lyons (US) Ground Research / Workshop & Discussion	
14:15							
14:30							
14:45							
15:00							
15:15							
15:30	<b>EMBODYING TIME</b> Defne Erdur Ground Research / Workshop	<b>ON RECOGNITION -</b> Pavle Heidler Formal & Somatic / Seminar				<b>ORIENTAL ROOM</b>	
15:45							
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17:00			<b>ORIENTAL ROOM</b>				
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18:30	<b>CLOSING</b> with Michael Obrist Materiality and the informal: An architect's viewpoint		<b>ORIENTAL ROOM</b>	<b>TÊTE-À-TÊTE ON A CARPET RIDE</b> SIGN-UP INTERVIEWS IN THE ORIENTAL ROOM			
18:45							
19:00							
19:15							
19:30							
19:45							
				<b>SLOTHING</b> Mira Mutka Formal & Somatic / Workshop			



Sunday 14:00 - 15:30

## SHA(R)P(EN)ING THE TOOLS

working sessions on a toolbox for  
teaching contemporary dance to children

**Susanne Marx (NL), Barbara Meneses  
and Jesus de Vega (ES)**

ICKamsterdam and the Amsterdam School of the Arts are developing a creative toolbox for teaching contemporary dance to children aged 10 to 12 based on principles in the work of choreographers Emio Greco and Pieter C. Scholten. We will open up our process leading up to the trial design of the toolbox, and try it out. Participants will start their day with the workshop Double Skin/Double Mind.

**Susanne Marx** is a choreographer, dance teacher and director. She studied at SNDO and Dasarts in Amsterdam and translates transcultural principles for dance education in schools to the educational practice for 10-12 year old pupils.

**Barbara Meneses** has collaborated with company Emio Greco | PC as dancer, rehearsal director and teacher. She currently is the artistic coordinator of the Academy of ICKamsterdam.

**Jesus de Vega** is a dance maker, performer and teacher. Aside from his creative work, he also teaches Double Skin/Double Mind workshops (Emio Greco | PC) and workshops on his own artistic practice.

[www.idocde.net/idocs/1121](http://www.idocde.net/idocs/1121)

Sunday 14:00 - 15:30

## FAST AND FURIOUS

A two hour event where the theme of the 3rd Symposium “form and formless” can be explored and examined from up close. In the first part there are 3 teachers leading /guiding /teaching a 20-minute class each, then a 60-minute discussion time will follow. Each of the teachers have diverse approaches to material, pedagogy and methodology and they teach one after the other. The event will be facilitated in order to guide the focus and emphasize the intention of the exploration.

Teachers:

**Gretchen Dunn (US):** “Move like your grandmother! Laban-inspired movement for old folks.”

**Gretchen Dunn** began dancing at 65, beginning with Quicksilver, a senior women’s improvisational group, adding Contact Improvisation after taking a master class with Nancy Stark Smith. In 2006 she became a CMA through the Laban Institute for Movement Studies and began teaching her class, “Body Central”, to adults, age 70-92. She enjoys performance, working with both Heather Doyle and Malcolm Shute’s Human Landscape Dance.

**Liisa Pentii (FI):** “Dancing to the music-going beyond your known boundaries without flipping”.

A short investigation in how we imagine speed and relate to rhythm and pulse. An exploration of 20 minutes about the possibilities of the bodily consciousness.

**Liisa Pentii** is one of the key figures of the post-contemporary dance scene in Finland. She is a choreographer and the

Sunday 14:00 - 15:30

## FOREWORD/AFTERWORD

WORKSHOP & DISCUSSION:  
HOW TO MAKE THIS DANCE

**Rachel Boggia, Annie Kloppenberg,  
Meredith Lyons (US)**

Foreword/Afterward is a performance, workshop, and research platform; a piece in two parts, method, and exercise in collaborative authorship. The template creates a shared physical language sourced from the embodied logics and aesthetic—and especially from the liminal spaces between those allegiances—then it activates choreographic choice, and raises fundamental questions about physical logic and what makes a dance.

**Rachel Boggia, Annie Kloppenberg, and Meredith Lyons** are University Professors of Dance who maintain active professional careers performing and presenting work nationally and internationally. Among many other projects, media artist Boggia runs Meta-Academy with Marlon Barrios Solano, Lyons serves as Admissions Director for The Bates Dance Festival, and Kloppenberg co-founded and curates a professional training program in Boston, MA.

[www.idocde.net/idocs/1118](http://www.idocde.net/idocs/1118)

artistic director of her international dance company Liisa Pentti +Co which she founded in 2000. She has a long teaching career both as a freelancer and in the Theatre Academy of Helsinki where she has been teaching permanently the actors and the dancers since 1990.

**Francesco Scavetta (NO/SE):** “Activity and inactivity. The part of my body that receives more than initiates the movement.” A basic principle from the “A Surprised Body” research.

**Francesco Scavetta** has gained an international widespread recognition for his work as a choreographer and his approach to movement and physicality as a teacher. The workshop “A Surprised Body” has been in a continuous process of research throughout 33 countries. Scavetta directs, together with Gry Kipperberg, the Norwegian dance company, Wee, one of the leading groups of the Norwegian scene.

Facilitated by **Eszter Gál**

[www.idocde.net/idocs/1216](http://www.idocde.net/idocs/1216)



**Sunday 15:45 - 16:45**  
**EMBODYING TIME**

**Defne Erdur (TR)**

“We can measure time, but this gives us no guarantee that we understand what time is.” – Umberto Eco

Let alone understanding; let's sense, reflect on and play together in & around time. Let's see if we can define what it is; how it passes thru our mind, our bodies and thru space as we share it? Diving deep into the field of sensory experiences, let's work on grasping it, i.e. seeking ways of embodying time as we meet in the dance of 5 senses.

Defne Erdur biography: see p. 20

[www.idocde.net/idocs/1099](http://www.idocde.net/idocs/1099)

**Sunday 15:45 - 17:15**  
**ON RECOGNITION -  
A SEMINAR**

**Pavle Heidler (HR/SE)**

By repeating - and by repeating what : what are the qualities that I am sharing, teaching, confirming within my daily working environment? And how do these qualities that I am confirming continually affirm or challenge the establishment of what kind of system of value? / On Recognition is a practice-based seminar that looks into the establishment of principles of communication.

**Pavle Heidler** is a dancer, teacher and writer. He studied at SEAD and graduated from P.A.R.T.S., before getting his MA degree from DOCH (at Stockholm Univeristy of the Arts). He is interested in translating theories of performativity from the field of social research into the field of theatre and dance.  
[www.pavleheidler.wordpress.com](http://www.pavleheidler.wordpress.com)

[www.idocde.net/idocs/1124](http://www.idocde.net/idocs/1124)

**Sunday 17:30 - 18:30**  
**TÊTE-À-TÊTE ON A  
CARPET RIDE**

This hour is open for anyone who wishes to ask questions around the theme of form & formless or Teaching Form[less]? in a one-on-one situation. Feel invited to sign up for a 10 min tête-à-tête encounter! Each interview will be self-designed by your interest and questions and a list or menu of topics offered by our selected interview guests, or by inviting another teacher to be interviewed by you.

With: **Einav Katan (DE/IL), Nita Little (US), Chua Iu-Hui & Deirdre Morris (US), Francesco Scavetta (NO/SE), Angela Vadori (AT/IT)** and others

[www.idocde.net/idocs/1194](http://www.idocde.net/idocs/1194)

**Sunday 17:30-18:30**  
**SLOTHING**

**Mira Mutka (SE)**

The proposal of Slothing is an invitation to move as slowly as possible, in each moment during one hour. Moving slowly at the level of the floor and spending some down time. Slothing is an invitation of practicing slowness in a shared hour together.

**Mira Mutka** works mainly with making, performing, teaching and sharing in the fields of choreography and dance. She currently lives, walks, works and studies (New Performative Practices) in Stockholm. [www.miramutka.com](http://www.miramutka.com)

[www.idocde.net/idocs/1103](http://www.idocde.net/idocs/1103)

**Sunday 18:45 -19:45**  
**CLOSING EVENT**

**MATERIALITY AND THE INFORMAL:  
AN ARCHITECTURAL VIEWPOINT**

A lecture possibly touching on but not limited to subjects such as public: space, sphere, place; connecting to the informal, the formal and the human body.

**Michael Obrist (AT / IT)**

architect (founding partner) at/ of feld72 - architecture and urban strategies ([www.feld72.at](http://www.feld72.at)), Visiting Professor for space & design strategies at the University of Art and Design Linz / Austria.

[www.idocde.net/idocs/1256](http://www.idocde.net/idocs/1256)

**from 22:00 Sunday night**  
**PARTY !**

IDOCDE party @  
ImPulsTanz Festival Lounge  
Burgtheater, 1010 Wien

## LEAP – Learn, Exchange, Apply, Practice

LEAP is a vocational project designed for contemporary dance teachers in Europe, to exchange and discuss relevant practices in teaching methodologies. Building on a previous project IDOCDE (International Documentation of Contemporary Dance Education) which focused on documentation; LEAP furthers another educational goal for institutions and teachers to carry out inquiries together, developing new methods and approaches for the improvement of the dance field. LEAP utilizes the IDOCDE website to communicate its process and results with the project partners and the general public.

LEAP project is structured around four activities in two years:

**LEAP Teaching Residencies:** For two weeks, two groups of teachers come together for research on methodological and other questions regarding teaching dance.

**LEAP Local Meetings:** set up regularly at all partner organisations as peer exchange & support for local dance teachers

**LEAP TAB** (Teaching Across Borders): teachers travelling to partner organisations to teach there, supported by a local teaching colleague

**LEAP/IDOCDE Symposiums 2014 & 2015** at ImPulsTanz Vienna International Dance Festival

## CONTACT

**Eszter Gál** (Budapest, HU)

**Project Manager** (eszter.gal@idocde.net) is a dancer and teacher, currently at the University of Theater and Film Arts in Budapest, travelling & teaching internationally since 1998. She is the artistic director of Kontakt Budapest International Improvisation Festival [www.kontaktbudapest.hu](http://www.kontaktbudapest.hu). She has been practicing, studying, teaching, Skinner releasing work (SRT) and improvisation including CI for 20 years. She also works with a mixed ability Company, Tánceánia. The core of her interest is somatic-based movement research (PhD studies), improvisation performance and community work for dance education.

**Kerstin Kussmaul** (DE/AT)

**IDOCDE Ambassador** (kerstin.kussmaul@idocde.net) is a movement researcher, choreographer and PhD candidate. She studied Somatic Movement and TCM in Berkeley, Myoreflex, and Yoga and teaches throughout Europe. She is founder and project ambassador of IDOCDE. Her artistic focus is on music/dance projects and the development of new formats for the mediation of movement. Her work has been presented at ImPulsTanz, in USA, Italy, Germany, and Estonia. Kerstin is on Dr. Mosegger's team of Myoreflex Therapy teachers.

**Defne Erdur** (Istanbul, TR)

**IDOCDE Editor** (defne.erdur@idocde.net) is a performer, teacher, therapist and a social worker trained in Contemporary Dance (PhD candidate), Sociology (MA), Intermodal Art Therapy and Body Therapies. She works in many countries (Turkey, Austria, France, Thailand, Greece...) and settings with professionals and

non-professionals in various age groups. Invested in building trustful and creative environments, the prospect of all her work is to mediate people to relate to their own self & accompany them in their physical, mental & emotional processes. Defne is also the co-founder & editor of idocde.net.

**Martin Streit** (Dieburg, DE)

**IT, media & technical support**

(martin.streit@idocde.net)

is a media producer and researcher based near Frankfurt am Main, Germany. He has taught small workshops in the frame of Motion Bank. As a member of frankdances.org ID\_Frankfurt he discusses related topics (dance, performance, media, technology) and collaborates with artists from the independent scene. He does IT, media & technical support for idocde.net.

**Olivia Schellander** (Vienna, AT)

**Symposium Manager**

(olivia.schellander@idocde.net)

is a dance artist based in Vienna. Besides performing, choreographing and collaborating she is facilitating monthly feedback sessions that allow community sharing of artistic ideas and work in progress. In 2015 she joined the Laboratory on Feedback in Artistic Processes at Uferstudios Berlin. She graduated from Laban Conservatoire in Contemporary Dance (BA) and received her MA Choreography from IDA Institute of Dance Arts in Linz. Olivia has been part of the ImPulsTanz Workshop team for several years and recently joined the IDOCDE team as symposium manager.

## LEAP PARTNER ORGANISATIONS

**ICK -**

**International Choreographic Arts Centre**

**Marieke van Bueren (Amsterdam, NL)**

The International Choreographic Arts Centre (ICK Amsterdam) is a platform for contemporary dance under the artistic direction of Emio Greco and Pieter C. Scholten. ICK Amsterdam is grounded on three pillars: Company (the production of dance performances), Guest Artists (the support of new, young talents from an artistic and a business perspective) and Academy (the transfer of knowledge in educational and research programs). [www.ickamsterdam.com](http://www.ickamsterdam.com)



**ISLO - Eastern Finland Sport Institute /  
Education in Dance and Somatics (FI)**

**Elina Ikonen (Joensuu)**

ISLO offers the one-year continuing education course, Education in Dance and Somatics: Practice, Pedagogy and Cultural Creativity, which introduces somatic movement and contemporary dance practices with a focus on facilitating groups. The idea is to bring contemporary dance practices and somatic methods to a wide range of social situations by attracting people engaged in diverse fields and supporting them to integrate and make use of what they learn in their personal and working lives. Classes are taught in English and students come from all over the world. [www.islo.fi/education](http://www.islo.fi/education)



### Le Pacifique | CDC (FR)

**Tatiana Galleau (Grenoble)**

Le Pacifique is a Choreographic Development Centre (CDC), based in Grenoble, under the artistic direction of Christiane Blaise. A place where contemporary dance companies can come and seek creative support, Le Pacifique is deeply involved in a variety of activities including creation, co-production, education, showcasing and raising awareness of the art of choreography. [www.pacifique-cdc.com](http://www.pacifique-cdc.com)



### Tanzhaus Zürich (CH)

**Andrea Boll (Zürich)**

Tanzhaus Zürich founded in 1996, is a contemporary dance centre and production house that caters to the needs of professional contemporary dancers and dance companies with a wide range of services. It combines the possibilities of a well-equipped production site with the potential of multi-functional and innovative performance space. Tanzhaus Zürich offers daily trainings, workshops, rehearsal studios and a stage, as well as information and consulting services. The Tanzhaus is an institution dedicated to Contemporary Dance. Regular performances, platforms and a variety of other formats present local, national and international dance. [www.tanzhaus-zuerich.ch](http://www.tanzhaus-zuerich.ch)

**tanzhaus**  
zürich

### Vitlycke Center for Performing Arts

**Francesco Scavetta (Tanumshede)**

Vitlycke is dedicated to investigation and creation, research, training and education. It's a place for professional -and not-yet professional- practitioners in the field of performing arts, visual art, literature, music, new media, theory and cultural production. The newly established residency is based in Tanumshede (SE), right in the middle between Oslo and Göteborg, beside the Vitlycke Museum, a UNESCO Heritage site. With its 2 studios, 2 kitchens, common spaces, 11 sleeping rooms, it aims to offer excellent working conditions. The main studio (224 m2) can be transformed into a "black box", with sound and light equipments and capacity for ca. 100 seats. The yearly activity will also include performances, workshops and intensive coaching projects throughout the year.



### Wiener Tanzwochen (AT)

**Rio Rutzinger (Vienna, AT)**

Founded in 1984, ImPulsTanz (organized by "Wiener Tanzwochen") has developed into one of the largest festivals of Contemporary Dance worldwide. Each summer thousands of dancers, choreographers and artists from all over the world come and work together for five weeks in Vienna, to celebrate Contemporary Dance. ImPulsTanz offers performances, workshops, research projects, book presentations, talks and parties. It is home to [8:tension] Young Choreographers' Series as well as established companies. Annually up to 50 artistic residencies are realised. Education programs such as danceWEB or Biblioteca do Corpo deepen dance and choreography knowledge. As organizational partner of IDOCDE, ImPulsTanz looks forward to an expansion of its network through IDOCDE, enriching the festival with its questions, findings and developments. [www.ImPulsTanz.com](http://www.ImPulsTanz.com)

**IMPULSTANZ**  
Vienna International  
Dance Festival

### IMPRINT

**IDOCDE Symposium**  
„teach me (not)!“

**Location: ImPulsTanz**  
Vienna International Dance Festival  
Arsenal, Burgtheater Probehöhlen  
und Werkstätten,  
Ghegastrasse 19, 1030 Wien

**IDOCDE - International Documentation**  
of Contemporary Dance Education  
hosted by: gravityhappens.  
ort für bewegung und nichtstun  
Gärtnergasse 8/8  
1030 Wien, Austria  
[www.idocde.net](http://www.idocde.net)

Photos by Amir Safari, Amy Voris, Anouk Llaurens, Defne Erdur, Emre Sökmen, Georg Blaschke, Mariann Gaal, Marta Ladjanski, Martin Streit & Simon Wehrli



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**Make  
your  
work  
visible.  
It is our  
legacy!**

**IDOCDE is an initiative of contemporary dance teachers to learn from, exchange and share their vast body of knowledge online and offline.**

**Apply for a scholarship! The EU funded project LEAP (Learn, Exchange, Apply, Practice) offers full scholarships for the IDOCDE Symposium 2015.**

**Contact your nearest LEAP partner for more information and about other LEAP activities.**

**LEAP Partners:**  
**ICK - International  
Choreographic Arts Centre (NL)**  
**ISLO - Eastern Finland  
Sport Institute (FI)**  
**Le Pacifique | CDC (FR)**  
**Tanzhaus Zürich (CH)**  
**Vitlycke Center for  
Performing Arts (SE)**  
**Wiener Tanzwochen (AT)**

**idocde**  
international documentation of  
contemporary dance education