

**Eszter Gal & Ulla Mäkinen// MTD Laboratory TransForming
Day 2 morning 9:00 – 11:00 30th January, 2018**

Part one

Eszter: **documenting in the body**, being moved by touch
in trios – one is lying on the back, two are touching, just right below the skin – find the depth of touch, working alone and later notice connections between partners, perhaps through the receiver
listening, making connection, letting go, following your intuition, following the mover
being moved by touch
moving from sensation
go deeper, follow the unfolding dance
change roles – after the 3rd merge the roles or not – have a trio dance

Ulla: **practicing interpretation, verbalization**

stay in the same trio

1. mover (connect to where you are, and move from there)
2. eyes closed observer
3. describe, tell the observer the dance you see happening
this can descriptive, detailed, imaginary, play with your sound an language

question of interpretation – seeing in this level

training ways of seeing and training ways of verbalizing – perhaps noticing the limitation of documenting ; immediacy – there is no time to criticize yourself in the verbalization

responsibility of the interpreters!

“you can’t catch everything” – what do you catch? say? write? that is the work, the research – individual – and stay in the non catching! stay with the sensation!

not everything needs to be verbalized, or analyzed

Documentation: to make something more known – can be trained!

SHARING the experience of this morning practice

Part two: split into two discussion groups – start from these experiences and perhaps recall the themes, questions from day 1, make notes of that

- intimacy of a video recording (seeing yourself - accepting, policy and ethics – who records, for whom? how is it used?)
- deconstructing your own documents (it has been done earlier and then how to understand)
- how does it work for the “non verbal people” – different kinds of people – to document? does a document needs to be reasonable?
- clear ways of how? – value the work, value the document
- who is your audience? clear ways f transmitting your work
- how to organize your documents? how to find what you have? computer / file

Day 2 afternoon 12:00 – 15:00

share in the big group the essence of the discussions – reading the notes

introduction of idocde.net

short introduction of mindthedance.com

have 15 min in small groups look into, read into MTD, search and read

Practicing Documenting Teaching: ~ 50 min

form groups of 5-6, to practice documenting teaching

- there is one teacher
- participants
- documenters

decide on the tool and how to document – during or after

Closing from

wrap up - sharing the documents

summary, reflection on the whole, more questions, concerns

written **evaluation** of the Lab by the participants

1. What was useful from the Lab? How about using the information further?
2. What would you have done – more? or what have you missed?